

PROGRAM SUMMARY

High School Recovery Plan In Support of Individual Students

OVERVIEW

We are committed to supporting adolescents suffering from substance misuse, substance use disorders, and those struggling with recovery. Additionally, we provide assistance to families as well as community-based education to eliminate the stigma and tragic effects of addiction. Our program will follow a conventional Recovery High School model. To ensure a drug-free educational environment, where teens can access a considerable range of unique services with a continuum of care as students overcome the barriers that occur as they struggle to recover from addiction and substance abuse.

The curriculum stems from a holistic approach, and the faculty acclimate to individual learning styles. Small classes are a critical factor in our student's success because they allow for individualized attention from teachers, counselors, and program staff. Our support staff will provide tutoring and other one-on-one opportunities to enable our students to graduate from high school with the opportunity to transition to college in a supportive recovery environment. Additionally, other opportunities will exist for a range of course options, from afterschool programming to AP classes.

OBJECTIVES

- Provide quality education in a rigorous academic environment for adolescents suffering from substance abuse, misuse, and struggling with recovery.
- Create a supportive and safe educational environment
- Offer extracurricular programs and training.
- Support students, grades 9-12, facing individual challenges struggling with substance misuse and recovery.
- Engage counselors & staff to work with students to set goals, re-learn life skills, and regain self-confidence.
- Build a Culture of Care to educate, assist, and collaborate with families in their quest for services and critical recovery support.
- Develop drug-free values and foster community partnerships to reduce addiction and substance abuse for youth

ENROLLMENT

Students grades 9-12 that are suffering from substance misuse, substance use disorders, and those who are continuing their recovery from substance abuse. Referrals can come from Parents, School Districts, and Referral Agencies. Students must be sober, and students must have personal and family commitment to recovery.

PROGRAM PROFILE

Focused around standard-based themes and concepts. Instruction, assignments, and assessments are differentiated to address specific grade-level learning objectives. The comprehensive curriculum will be aligned with state standards and available for review.

Provide students with specialized treatment, committed stability, empathetic encouragement, trauma informed-compassionate care, and personalized goal-setting. Professional will help students develop coping skills, self-confidence, and navigate life obstacles.

Other activities and services will also be available and accessible to support the Mosaic Academy student body. Including, but not limited to, individual counseling for college and career exploration, family wellness programs, community service/service-learning, appropriate basic needs resources, and meal programs. Additionally, if needed, medical care from health services will also be available and accessible to the student body. We will offer health, and special services, including, a school nurse and School-Based Wellness Center services.

Mosaic Academy will also execute procedures that will subsidize, recognize, and maximize safeguards and allow for Mosaic Academy to identify and provide alternative services for students & families:

- Students in recovery
- Students with co-occurring behavioral health and substance abuse
- Extended school year services
- Family information, care, and support
- Physical health
- Mental Health
- Social & Emotional-Health
- COVID19 - following CDC standards for safety, prevention, and control

PROGRAM OF STUDY

Meeting State standards in the following subjects:

- MATH - State standards through Calculus
- ENGLISH - Language Arts & Literature
- SOCIAL STUDIES - government & History
- SCIENCE- Biology, Chemistry, & Physics
- HEALTH & PHYSICAL EDUCATION
- OTHER: Basic Skills, Art, Music, Technology

See Colonial School District course offering for the full list

WELLNESS & WELLBEING

- Physical Education, Health and Wellness classes
- Daily Group Discussions
- Academic Support Sessions
- Morning Check-in & Weekly Counseling (Family & Individual sessions)
- Re-learn to navigate life: define struggles, plan strategies, achieve confidence, Develop coping skills
- Assist students in reaching milestones

DAILY SCHEDULE (SAMPLE)

7:15-7:30	Drop-Off
7:30-7:45	Breakfast
7:45-8:15	Check-In
8:15-9:00	Class
9:00-9:45	Class
9:45-10:45	Activity Break: Exercise, Challenge Course, Team Building, Skill Building. 2- days a week-Group Counseling
10:45-11:15	<i>Lunch</i>
11:15-11:45	Individual Counseling
11:45-12:30	Class
12:30-1:15	Class
1:15-2:00	Class
2:00-4:00	After School Activities: Homework Help, Trips, Speaker Series, Clubs, Other options as student interest indicates, Mentorship.

FACULTY & STAFF

Director
Administrative Support
Certified Teachers
Elective Teachers
Counselors & Support Services
Nurse

CAREER DEVELOPMENT

College Advisement (including application help)
Vocational Plans

AFTERSCHOOL PROGRAM

Informal atmosphere: Homework Help, Trips, Speaker Series, Sports & Sporting Events, Internships, Mentorships, Community Outreach Programs to build a Culture of Health, Other - TBA.

SIGN UP FOR OUR MAILING LIST

Address
Phone number

Using multiple best practices developed and proven by successful recovery school model information found on the Association of Recovery Schools website: <https://recoveryschools.org/>